

**Sandpoint Women's Health**  
New Patient Health History Form

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Reason for visit: \_\_\_\_\_ Age/Date of Birth: \_\_\_\_\_

Primary Care Provider: \_\_\_\_\_ Marital Status: \_\_\_\_\_

**PAST MEDICAL HISTORY:** Check all that apply

- |                                      |  |   |
|--------------------------------------|--|---|
| <input type="checkbox"/> Asthma      | <input type="checkbox"/> Epilepsy/Seizures   | <input type="checkbox"/> Kidney/Liver Disease |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Migraines            |
| <input type="checkbox"/> Depression  | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Osteoporosis         |
| <input type="checkbox"/> Diabetes    | <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Thyroid Disease      |

Any other health issues: \_\_\_\_\_

**GYNECOLOGIC/OBSTETRIC HISTORY:** Have you ever had any of the following? (Check all that apply.)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Abnormal Pap Smear          | <input type="checkbox"/> Genital Warts          | <input type="checkbox"/> Infertility                   |
| <input type="checkbox"/> Endometriosis               | <input type="checkbox"/> Gonorrhea or Chlamydia | <input type="checkbox"/> Pelvic Inflammatory Disease   |
| <input type="checkbox"/> Fibroids                    | <input type="checkbox"/> Herpes                 | <input type="checkbox"/> Pelvic Pain/Pressure/Bloating |
| <input type="checkbox"/> Frequent Bladder Infections | <input type="checkbox"/> HIV                    | <input type="checkbox"/> Urinary Incontinence          |

Check if you are up to date with the following vaccinations and the year received:

- |                                      |  |                                  |
|--------------------------------------|--|----------------------------------|
| <input type="checkbox"/> Flu         | <input type="checkbox"/> Pneumonia         | <input type="checkbox"/> Tdap    |
| <input type="checkbox"/> Hepatitis B | <input type="checkbox"/> Rubella (measles) | <input type="checkbox"/> Tetanus |

**SURGICAL HISTORY:** Write year and type of surgery.

\_\_\_\_\_  
\_\_\_\_\_

**Current medications and supplements:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Medications you are allergic to:** \_\_\_\_\_ Y / N Latex Y / N Eggs Y / N Iodine

**FAMILY MEDICAL HISTORY:** Mark M for Mother, F for Father, S for Sister, B for Brother, A for Aunt, U for Uncle, PGP for Paternal Grandpa, PGM for Paternal Grandma, MGP for Maternal Grandpa, and MGM for Maternal Grandma. **Add ages if possible.**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Blood Clots         | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Uterine Cancer |
| <input type="checkbox"/> Breast Cancer       | <input type="checkbox"/> Melanoma         | <b>Other:</b> _____                     |
| <input type="checkbox"/> Colon Cancer        | <input type="checkbox"/> Osteoporosis     | _____                                   |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Ovarian Cancer   |   |
| <input type="checkbox"/> Heart Attack        | <input type="checkbox"/> Prostate Cancer  |   |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Stroke           |   |

**BASIC OB/GYN INFORMATION:**

- |   |   |
|---|---|
| <input type="checkbox"/> Age of first period        | <input type="checkbox"/> Number of Pregnancies            |
| <input type="checkbox"/> First day of last period   | <input type="checkbox"/> Full Term / Premature deliveries |
| <input type="checkbox"/> Length of menstrual cycles | <input type="checkbox"/> Number of abortions              |
| <input type="checkbox"/> Length of each period      | <input type="checkbox"/> Number of miscarriages           |
| <input type="checkbox"/> Heavy periods?             | <input type="checkbox"/> Number of living children        |
| <input type="checkbox"/> Painful periods?           | <input type="checkbox"/> Last Mammogram                   |
| <input type="checkbox"/> Last Pap smear             | <input type="checkbox"/> Last Colonoscopy                 |

Are you planning a pregnancy in the next year? \_\_\_\_\_

If applicable, what are you using for birth control? \_\_\_\_\_

Do you have any questions/concerns about your sexual life? \_\_\_\_\_

**PERSONAL HEALTH HISTORY:**

Occupation: \_\_\_\_\_ What do you do for exercise? \_\_\_\_\_

Have you ever been physically, emotionally, or sexually abused? \_\_\_\_\_

Do you drink alcohol?  Y  N Amount \_\_\_\_\_ daily \_\_\_\_\_ weekly \_\_\_\_\_ monthly

Do you use tobacco?  Former  Never  Current – amount used \_\_\_\_\_

**Sandpoint Women's Health**  
New Patient Health History Form – Continued

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

**REVIEW OF SYSTEMS** - Please circle any symptoms that have troubled you during the last several weeks.

<b>General</b>	Fatigue	Unexplained weight loss	Unexplained weight gain
<b>Eyes</b>	Vision problems		
<b>ENT</b>	Sore throat Headache	Sinus congestion Nasal discharge	Ear ache
<b>Cardiovascular</b>	Chest pain	Heart palpitations/flutterers	Swelling in feet
<b>Respiratory</b>	Cough Coughing up blood	Shortness of breath	Wheezing
<b>GI</b>	Nausea Diarrhea Rectal bleeding Abdominal pain	Vomiting Constipation Black, tarry stools	Heartburn Bloating Hemorrhoids
<b>GU</b>	Blood in urine Heavy periods Vaginal discharge	Painful urination Bleeding between periods Pelvic pain	Leaking of urine Bleeding with intercourse
<b>M-S</b>	Muscle aches	Joint aches	
<b>Skin/Breast</b>	Skin rashes	Breast pain	Breast discharge
<b>Neurologic</b>	Headache Fainting	Seizures Weakness	Numbness
<b>Psychiatric</b>	Depression	Anxiety	
<b>Endocrine</b>	Heat intolerance Night sweats	Cold intolerance	Hot flashes
<b>Heme/Lymph</b>	Easy bruising	Swollen glands	
<b>Immun/Allergy</b>	Seasonal allergies	Fevers	Chills

Check here if none of the above apply.

